

Sunday Menu

At The Wheatshaf Inn Wetheral

Starters

Soup of the Day

With crusty bread & butter.

£7.50

Classic prawn cocktail (G/F option available)

Marie Rose sauce , buttered brown bread.

£9.00

Nacho Style Potato Skins

Melted cheese, salsa, guacamole, sour cream

£9.00

Smoked Chicken Breast. (G/F option available)

caramelised pineapple, bbq sauce, baby gem, chicken salt crouton

£9.00

Posh Fish Finger

Breaded salmon goujon, dill mayonnaise, burnt lemon

£9.00

Hot and Sticky Halloumi Bites

Maple Chilli glaze, sesame, herb oil

£8.00

Piggies in Blankets

Baked in 'Cumberland of Alston' Honey mustard.

£10.00

Roasts

**Roast Silverside
of Cumbrian Beef**
£18.00

**Roast Chicken
Breast**
£17.00

**Slow Cooked Lamb
Shoulder**
£18.50

**Roast
Quorn**
£15.50

All served with; Roast Potatoes, Bubble and Squeak, Cauliflower Cheese, Swede Mash,
Yorkshire Pudding, Seasonal Vegetables and Gravy

Mains

Beer Battered Haddock

"Corby Ale" battered haddock with

Handcut chips, mushy or garden peas and homemade tartare sauce. (G/F option available)

£17.50

Cumberland Sausage

Buttered mash,, wilted greens and red onion gravy.

£17.00

'Poor man's Lobster Thermidor' (G/F option available)

Pan roasted monkfish and king prawn, cheddar cheese sauce, chorizo crumb, mixed

Salad, fries

£20.00

Homemade Beef Burger (G/F option available)

Toasted bun , smoked bacon, cheddar cheese, baby gem, tomato, red onion,
gherkin, garlic mayo, fries with mixed salad, coleslaw

£17.50

Risotto of green vegetables G/F option available

Salsa verde, crusty bread vegan cheese

£15.50

Puff Pastry Pizza (Vegan option available)



Roasted vegetables, mozzarella, mixed leaves, balsamic oil, truffle fries.

£15.50

Sweets

Apple Crumble  	£9.00
With custard or Madagascan vanilla ice cream.	
The STP  	£9.00
Toffee sauce, thunder & lightning ice-cream	
White chocolate and Raspberry Cheesecake  	£9.00
Crushed Raspberries, white chocolate sauce, raspberry sorbet	
Salted Caramel Brownie  	£9.00
Homemade fudge, salted caramel sauce, Madagascan vanilla ice cream	
Selection Of Cumbrian Cheeses (G/F option available)	£12.00
Savoury biscuits, celery, apple, grapes and apple chutney	
English Lakes Ice Cream	
(Madagascan Vanilla, Death by Chocolate, crushed strawberry	
Thunder and lightning  , banana, elderflower sorbet, green apple sorbet	
Chocolate sauce 80p	
Raspberry sauce 80p	
Caramel sauce 80p	
	
	Per Scoop. £2.15

Children

Small Sunday roast (children only)	£10.00
Chicken strips, fries and beans	£10.00
Cumberland sausage, mash, peas, carrots and gravy	£10.00
Homemade cheese burger, fries and salad	£10.00
Fish and chips	£10.00
Ham cheese and tomato pizza and fries	£10.00
Spaghetti in a tomato sauce with garlic bread 	£10.00
Mac 'N' Cheese with garlic bread 	£10.00

For allergy or dietary information please ask.
These symbols indicate

-  = Vegetarian
-  = Vegan
-  = Gluten Free
-  = Contains Nuts
-  = Contains Soy

“Only rapeseed and olive oil are used in cooking and dressings”